8 Days of Meditation Study

A Special Luminary Edition on ‘THE YEAR OF LIGHTS’
FORWARD

“We’re entering into a new phase of the Church’s ministry in the earth…a dimension of the glory of God in the earth beyond what the Church had known.”
— Reverend (Dr.) Chris Oyakhilome

The seven fold blessings of ‘the Year of the Supernatural’ caused LoveWorld citizens to transcend the calendar of men by accomplishing the results of ten years in one. However, the glory of 2018 is to be eclipsed by 2019, ‘the Year of LIGHTS’; we have been launched into a new season of greater glory.

Conscious that the New Year Message is more than just a slogan, we are accustomed to the important meditation that is required to make the word for the year a reality in our lives. In 2016, the first edition of ‘8 Days of Meditation’ exposed brethren around the world to a unique study plan designed to cause the word to sink deep into our spirits.

This year’s meditation guide is intended to help us make our way prosperous in this year by doing as Joshua 1:8 instructs. The time to cause our hearts, minds and tongues to be synchronized in agreement with God’s Word concerning 2019 is now. Starting on Sunday, January 20th, and concluding on Sunday, January 27th, we will be spending 15-30 minutes each day to doing the following:
1. **Watch.** Excerpts from the New Year Message will be made available on PCDL, LoveWorld News and the PCDL Superuser account every day; watch again and again.

2. **Review.** Go over important points from the topic of the day.

3. **Meditate and Memorize.** Meditate on scriptures connected to the topic of the day and memorize some.

4. **Affirmations.** Declare faith-filled words in consonance with the message of the year.

5. **Journal.** Write down inspirations from the Spirit of God received during meditation.

The following are some important resources to have available during ‘8 Days of Meditation’:


2. **Rhapsody of Realities Devotional Study Bible.** For meditation on the scriptures.

3. **Notepad.** For taking fresh notes from the New Year Message and for journaling inspirations from the Spirit of God.

To enable us immediately take our place as lights, this year’s program includes a first-of-its-kind **Soul-Winning Challenge.** Brethren are expected to reach out with the gospel at work, in school, during lunch or tea breaks, winning 10 souls to Christ and signing them up to follow the **Pastor Chris Global Prayer Network on KingsChat.** Participants should post impact reports and pictures on KingsChat with **#8domsoulwinningchallenge, #country, #zone.**
Introduction and Definition of Light

“But all things that are reproved are made manifest by the light: for whatsoever doth make manifest is light.”

(Ephesians 5:13)
“But all things that are reproved are made manifest by the light: for whatsoever doth make manifest is light.”

(Ephesians 5:13)

A short clip from the New Year’s Message is available on the Pastor Chris Digital Library and on KingsChat. Take a few minutes to watch the video excerpt.

“*The simplest and best definition of light comes from the Bible,*” the man of God, Pastor Chris, shared at the New Year’s Eve Service.

Pastor Chris defines light from the Bible with two scriptures:

1. Psalm 119:105 — “Thy word is a lamp unto my feet, and a light unto my path.” The Word of God is light!

2. Ephesians 5:13 — “But all things that are reproved are made manifest by the light: for whatsoever doth make manifest is light.”

To make manifest is to make something clear or obvious to the eye or mind. As such, light:

a. makes obvious or apparent
b. makes clear or plain
c. reveals

“This, in essence, is the message we heard from Christ and are passing on to you: God is light, pure light; there’s not a trace of darkness in him.”

(1 John 1:5 TLB)
“Jesus answered, neither hath this man sinned, nor his parents: but that the works of God should be made manifest in him. I must work the works of him that sent me, while it is day: the night cometh, when no man can work. As long as I am in the world, I am the light of the world.”

(John 9:3-5 KJV)

“You are the light of the world. A city that is set on an hill cannot be hid.”

(Mathematics 5:14 KJV)

“‘Here’s another way to put it: You’re here to be light, bringing out the God-colors in the world. God is not a secret to be kept. We’re going public with this, as public as a city on a hill. If I make you light-bearers, you don’t think I’m going to hide you under a bucket, do you? I’m putting you on a light stand. Now that I’ve put you there on a hilltop, on a light stand—shine! Keep open house; be generous with your lives. By opening up to others, you’ll prompt people to open up with God, this generous Father in heaven.”

(Mathematics 5:14–16 MSG)

“Thy word is a lamp unto my feet, and a light unto my path.”

(Psalm 119:105 KJV)

“But when anything is exposed and reproved by the light, it is made visible and clear; and where everything is visible and clear there is light.”

(Ephesians 5:13 AMPC)

I am born of God. God is light; therefore, I am light. In God, there is no darkness; therefore, in me, there is no darkness.

The Word of God is light, and I am God’s offspring through the Word. God’s Word is a lamp unto my feet and a light to my path; I do not walk in darkness.
I am that which makes manifest. Everywhere I go, I reveal truth, I make divine verities obvious and apparent to the eyes and minds of those I come in contact with. My words enlighten and make the message of salvation clear and plain. I am an effective minister of the Gospel!

I am conscious of my divine heritage and purpose on earth. I redeem the time, working while it is yet day. I make the works of God manifest in the lives of those in my sphere of contact.

As long as I am in that school (or business, or company, or neighborhood), darkness cannot prevail.

No matter how gross the darkness becomes, I am the light of the world. I am set on the hilltop, and I am unashamed to blaze brightly for the Lord Jesus Christ.

Write the thoughts and ideas inspired in your heart by the Holy Ghost through today’s meditation session.
Light is for Illumination and Leadership

“There spake Jesus again unto them, saying, I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life.”

(John 8:12)
A short clip from the New Year’s Message is available on the Pastor Chris Digital Library and on KingsChat. Take a few minutes to watch the video excerpt.

The first function of light, as explained by the man of God, Pastor Chris is that light is for illumination. This means that light produces:

1. **Clarity** (synonyms: accuracy, brightness, certainty, directness, lucidity, precision, purity, simplicity)
   - the quality of coherence and intelligibility;
   - the quality of being easy to see or hear;
   - the quality of being certain or definite;

2. **Refinement** (synonyms: clarification, cleaning, distillation, processing, purification)
   - the process of removing impurities or unwanted elements from a substance;
   - cultured elegance in behavior or manner;

3. **Innovation** (synonyms: creativity, originality, change, modernization, novelty, newness, revolution, transformation, metamorphosis)
   - a new method, idea, product, device, etc.;

4. **Sound Judgment** (synonyms: flawless discernment, robust common sense, dependable perception, authoritative wisdom, well-grounded logic)
a. competent or reliable ability to make considered decisions or come to sensible conclusions;

The second function of light is that light gives leadership. The word ‘shine’ (Hebrew ‘zahar’) in Daniel 12:3 helps us further understand what leadership means here:

1. To admonish (synonyms: warn, reprove, scold, reprimand, chastise, advise, rebuke, chide, exhort)
   a. to warn or reprimand someone firmly;
   b. to advise or urge (someone) earnestly;
2. To teach (synonyms: instruct, enlighten, illuminate, coach, train, discipline, indoctrinate)
   a. to cause (someone) to learn or understand something by example or experience.
   b. to encourage someone to accept (something) as a fact or principle;
   c. to impart the knowledge of a subject matter.
3. To inspire (synonyms: motivate, energize, galvanize, excite, encourage, influence, ignite, rouse, embolden)
   a. to fill (someone) with the urge or ability to do something, especially to do something creative;
   b. to influence, move or guide divinely or supernaturally
4. To give guidance (synonyms: leadership, counsel, direction, supervision)
   a. to give advice or information aimed at resolving a problem or difficulty, especially as given by someone in authority;
   b. to direct or have an influence on the course of action of (someone or something).

The man of God emphasized concerning light:

- Light leads and guides. (Matthew 2:1-2)
- ‘To teach all nations’ is to shine to all nations, admonish, inspire. (Matthew 28:19)
“And God said, Let there be lights in the firmament of the heaven to divide the day from the night; and let them be for signs, and for seasons, and for days, and years:”

(Genesis 1:14 KJV)

“There it was—the true Light [was then] coming into the world [the genuine, perfect, steadfast Light] that illumines every person.”

(John 1:9 AMPC)

“And the teachers and those who are wise shall shine like the brightness of the firmament, and those who turn many to righteousness (to uprightness and right standing with God) [shall give forth light] like the stars forever and ever.”

(Daniel 12:3 AMPC)

“Jesus once again addressed them: “I am the world’s Light. No one who follows me stumbles around in the darkness. I provide plenty of light to live in.”

(John 8:12 MSG)

“Go out and train everyone you meet, far and near, in this way of life, marking them by baptism in the threefold name: Father, Son, and Holy Spirit. Then instruct them in the practice of all I have commanded you. I’ll be with you as you do this, day after day after day, right up to the end of the age.”

(Matthew 28:19 MSG)

I am the light of the world. Everywhere I go, I give illumination; I introduce clarity, refinement, innovation and sound judgment.
I have eyes that see, ears that hear and a heart that understands the will and purposes of God. My communication of the Gospel is effective through clear insight into every good thing that is in me by Christ Jesus.

I am an expression of the excellences and perfections of my Heavenly Father. Therefore, I exhibit cultured elegance in behavior and manner.

I am full of divine innovations. I am creative, full of new ideas, strategies, methods, products and services that keep me light-years ahead of my contemporaries.

I function with sound judgment, flawless discernment and authoritative wisdom. I make excellent decisions and come to accurate conclusions through spiritual perception. Wisdom is heard in my mouth and seen in my actions.

I am a strong and courageous leader. I admonish, teach, inspire and give guidance in accordance with the wisdom of God.

I have the capacity to fill people with urge, a desire, to know God and to walk in His perfect will for their lives. My passion for Christ and the Gospel is contagious.

I shine brightly, turning many to righteousness and giving them a purpose for living. I am the world’s light; no one who follows me stumbles around in darkness. I give plenty of light to live in.

Many come to sit and learn of me, because my words communicate the ever-shining light of God’s Word. I am bold and unapologetic with the LoveWorld message, making it known throughout the world with my partnership and my soul-winning activities.

Write the thoughts and ideas inspired in your heart by the Holy Ghost through today’s meditation session.
Light Gives Empowerment, Signs & Seasons

“Not that we are fit (qualified and sufficient in ability) of ourselves to form personal judgments or to claim or count anything as coming from us, but our power and ability and sufficiency are from God.”

(2 Corinthians 3:5 AMPC)
A short clip from the New Year’s Message is available on the Pastor Chris Digital Library and on KingsChat. Take a few minutes to watch the video excerpt.

**Light gives empowerment.** “Light emits energy; [it] gives you the capacity to perform,” Pastor Chris said at the New Year’s Eve Service, discussing the third function of light.

The man of God further expounds on this with two scriptures:

1. Colossians 1:29 — “Whereunto I also labour, striving according to his working, which worketh in me mightily.”

   The working of God mightily in us produces a superhuman capacity to perform.

2. 2 Corinthians 3:5 — “Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God.”

Pastor Chris has also taught that the Greek word ‘hikanos’ from where ‘sufficiency’ is derived means the condition or quality of being adequate or sufficient. Other synonyms include adequacy, competence, ability.
Light is for signs and seasons. Genesis 1:14 is talking about more than just the moon and stars; you can introduce a new season of blessing wherever you go.

Luke 10:5 is instructive in communicating our role as those who bring seasons of peace, love, victory and health: “And into whatsoever house ye enter, first say, Peace be to this house.”

“Whereunto I also labour, striving according to his working, which worketh in me mightily.”
(Colossians 1:29 KJV)

“Not that we are sufficient of ourselves to think any thing as of ourselves; but our sufficiency is of God;”
(2 Corinthians 3:5 KJV)

“Then God said, “Let bright lights appear in the sky to give light to the earth and to identify the day and the night; they shall bring about the seasons on the earth, and mark the days and years.” And so it was.”
(Genesis 1:14 TLB)

“Behold, I and the children whom the Lord hath given me are for signs and for wonders in Israel from the Lord of hosts, which dwelleth in mount Zion.”
(Isaiah 8:18 KJV)

“And again, I will put my trust in him. And again, Behold I and the children which God hath given me. Forasmuch then as the children are partakers of flesh and blood, he also himself likewise took part of the same; that through death he might destroy him that had the power of death, that is, the devil;”
(Hebrews 2:13-14 KJV)

“Whatever house you enter, first say, Peace be to this household! [Freedom from all the distresses that result from sin be with this family].”
(Luke 10:5 AMPC)
I am divinely invigorated of God with special capacity to perform. I am productive, effective and efficient through the mighty power of God at work in me.

My ability is of divine origin, causing me to go beyond what is naturally possible. I have a superhuman capacity to produce results, because greater is He that is in me than He that is in the world.

I am sufficient, up to any task and competent for every assignment because of the light of God that shines in me and through me.

Everywhere I go, I take my peace, prosperity, health, victory and strength, bringing new seasons of blessing into the lives of those with whom I come in contact.

My life is for signs and wonders. This year, I work extraordinary miracles in my business [job, academics, family, church and cell group].

Journal

Write the thoughts and ideas inspired in your heart by the Holy Ghost through today’s meditation session.
This is the Year of Lights

“You are the world’s light—a city on a hill, glowing in the night for all to see.”
(Matthew 5:14 TLB)
This is the Year of Lights

“You are the world’s light—a city on a hill, glowing in the night for all to see.”
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As the man of God, Pastor Chris, declared it to be ‘the Year of Lights’, he also announced prophetically that “you are going to shine ever so brightly!”

This year 2019, you are going to:

1. Illuminate your world
2. Lead your world
3. Empower your world
4. Give signs and introduce new seasons to your world

“As the days get closer to the return of Jesus Christ, gross darkness will cover the earth (spiritual darkness), but in the midst of this, your light will so shine,” the man of God further declared.

“Jesus answered, Are there not twelve hours in the day? If any man walk in the day, he stumbleth not, because he seeth the light of this world. But if a man walk in the night, he stumbleth, because there is no light in him.”
(John 11:9-10 KJV)
“And this is the condemnation, that light is come into the world, and men loved darkness rather than light, because their deeds were evil. For every one that doeth evil hateth the light, neither cometh to the light, lest his deeds should be reproved. But he that doeth truth cometh to the light, that his deeds may be made manifest, that they are wrought in God;”

(John 3:19-21 KJV)

“Every good gift and every perfect gift is from above, and cometh down from the Father of lights, with whom is no variableness, neither shadow of turning.”

(James 1:17 KJV)

“Every good gift and every perfect (free, large, full) gift is from above; it comes down from the Father of all [that gives] light, in [the shining of] Whom there can be no variation [rising or setting] or shadow cast by His turning [as in an eclipse].”

(James 1:17 AMPC)

“You are the light of the world. A city set on a hill cannot be hidden. Nor do men light a lamp and put it under a peck measure, but on a lampstand, and it gives light to all in the house. Let your light so shine before men that they may see your [moral excellence and your praiseworthy, noble, and good deeds and] recognize and honor and praise and glorify your Father Who is in heaven;”

(Matthew 5:14-16 AMPC)

I shine ever so brightly this year, giving illumination, leadership and empowerment to my world. I produce signs and wonders by which many believe in the Lord, and I introduce new seasons of blessing everywhere I go.

The darker the night, the brighter my light shines this year. No external factor can condition my light; I shine brightly from within, bringing circumstances to tame.
I have the light of God in me; I do not stumble or proceed in darkness. Rather, I guide men out of darkness with my words, my actions and my manner of life.

I am light, because my Father is the Father of lights! My shining does not rise to set; I’m ever-blazing by the Spirit, full of divine inspiration.

I exhibit moral excellence in all that I do, carrying out only praiseworthy, noble and excellent deeds. My life yields honor, praise and glory to the Father. My light cannot be hidden; nations benefit from my shining.

Write the thoughts and ideas inspired in your heart by the Holy Ghost through today’s meditation session.
“But this is that which was spoken by the prophet Joel: And it shall come to pass in the last days, saith God, I will pour out of my Spirit upon all flesh: and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams: And on my servants and on my handmaidens I will pour out in those days of my Spirit; and they shall prophesy.”

(Acts 2:16-18 KJV)
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At the beginning of the Year, the man of God, Pastor Chris prophesied concerning “a new phase that the Church had never known before,” ushered in with the year 2019.

Pastor Chris prophesied concerning an increase in knowledge due to an increase in revelation made available by God. “Knowledge shall increase, because knowledge shall be increased,” he said.

Knowledge is “what is known in a particular field or in total; facts and information.” It refers to erudition, enlightenment, learning, information, intelligence and comprehension. All of these will be increased in the year 2019.

“There is a release of mighty angels into the earth, a class of angels that had not been in the earth before,” the man of God declared, letting the congregation know that this is because “the time is short!” These angels will cause God’s people to see signs and wonders like never before.
“You’re going to see signs and wonders like you’ve never seen before, because of the angelic manifestations (support) that you will receive,” Pastor Chris said.

All of these point to the soon-return of the Lord, which will be preceded by the rapture of the Church. This is why it is more imperative than ever that we shine brightly!

**MEDITATE AND MEMORIZE**

“But thou, O Daniel, shut up the words, and seal the book, even to the time of the end: many shall run to and fro, and knowledge shall be increased.”  
(Daniel 12:4 KJV)

“But [instead] this is [the beginning of] what was spoken through the prophet Joel: And it shall come to pass in the last days, God declares, that I will pour out of My Spirit upon all mankind, and your sons and your daughters shall prophesy [telling forth the divine counsels] and your young men shall see visions (divinely granted appearances), and your old men shall dream [divinely suggested] dreams. Yes, and on My menservants also and on My maidservants in those days I will pour out of My Spirit, and they shall prophesy [telling forth the divine counsels and predicting future events pertaining especially to God’s kingdom];”  
(Acts 2:16-18 AMPC)

“[Besides this evidence] it was also established and plainly endorsed by God, Who showed His approval of it by signs and wonders and various miraculous manifestations of [His] power and by imparting the gifts of the Holy Spirit [to the believers] according to His own will.”  
(Hebrews 2:4 AMPC)

“Are not the angels all ministering spirits (servants) sent out in the service [of God for the assistance] of those who are to inherit salvation?.”  
(Hebrews 1:14 AMPC)
This is a new phase of the body of Christ in the earth. My soul-winning and evangelical exploits are not as they have been before; by the power of the Holy Ghost and through the ministry of angels, I do much more than has ever been done before.

The mighty angels of God that have been released into the earth are working with me to bring about the salvation of thousands. These angels cause money to locate me in abundance for the sake of the Gospel.

I am a miracle-worker! My ministry of the Gospel [finances, business, academics, job] are fields for the manifestation of special signs and wonders through the support of the special angels released unto me this year.

I have increased revelation of the scriptures, knowledge of sciences, business, medicine and all areas of understanding.

Write the thoughts and ideas inspired in your heart by the Holy Ghost through today’s meditation session.
Children of Light

“Ye are all the children of light, and the children of the day: we are not of the night, nor of darkness:”

(1 Thessalonians 5:5 KJV)
Children of Light

“That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world.”

(Philippians 2:15 KJV)

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The New Year’s Message emphasizes our place as children of light. Reading from 1 Thessalonians 5:5-7, the man of God, Pastor Chris, reminded the global congregation to live as children of the light.

“Therefore let us not sleep, as do others; but let us watch and be sober,” verse 6 of 1 Thessalonians 5 reads, admonishing us to be watchful, particularly in these last days, because we are not of the darkness.

“...ye shine as lights in the world.”

The Spirit itself beareth witness with our spirit, that we are the children of God: And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.”

(Romans 8:16-17 KJV)

“For you are all sons of light and sons of the day; we do not belong either to the night or to darkness. Accordingly then, let us not sleep, as the rest do, but let us keep wide awake (alert, watchful, cautious, and on our guard) and let us be sober (calm, collected, and circumspect).

7 For those who sleep, sleep at night, and those who are drunk, get drunk at night;”

(1 Thessalonians 5:5-7 AMPC)
“For you are all children of the light and of the day, and do not belong to darkness and night. 6 So be on your guard, not asleep like the others. Watch for his return and stay sober. 7 Night is the time for sleep and the time when people get drunk.”

(1 Thessalonians 5:5-7 TLB)

“For ye were sometimes darkness, but now are ye light in the Lord: walk as children of light.”

(Ephesians 5:8 KJV)

“For once you were darkness, but now you are light in the Lord; walk as children of Light [lead the lives of those native-born to the Light].”

(Ephesians 5:8 AMPC)

I am a child of light, a child of the day. Darkness has no place in me. I shine forth effusively, brightly and without fear.

I am a joint-heir together with Christ. As He is the light, so am I the light of the world. As long as I am in the world, there is light. My light shines in the darkness, and the darkness cannot overwhelm it.

I am alert, watchfully serving the Lord with humility, strength and courage. I am aglow in the spirit, serving the Lord.

I live my life as one native-born to the Light. Everyone that comes into my sphere of contact encounters God’s illumination, leadership, empowerment, signs & seasons.

Write the thoughts and ideas inspired in your heart by the Holy Ghost through today’s meditation session.
Overcome Evil with Good

That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world.”

(Philippians 2:15 KJV)
Overcome Evil with Good.

“That ye may be blameless and harmless, the sons of God, without rebuke, in the midst of a crooked and perverse nation, among whom ye shine as lights in the world:”

(Philippians 2:15 KJV)

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We live in a world where many, especially young people, gravitate towards evil with a mindset that evil equals strength while good equals weakness. The man of God, Pastor Chris, emphasized that this is not true in the New Year Message.

“Believe in the power of good over evil,” Pastor Chris admonished the global congregation.

“Talk with the audacity of Jesus,” the man of God said to the brethren, instructing them to say like the Lord, “as long as I am in the world, I am the light of the world!”

Pastor Chris emphasized the role of our words in manifesting the power of good over evil. “Wars break out in the world when people say the wrong things; hatred starts when people say the wrong things. Peace is established when people say the right things,” he said.

“Be not overcome of evil, but overcome evil with good.”

(Romans 12:21 KJV)
“Don’t let evil get the upper hand, but conquer evil by doing good.”
(Romans 12:21 TLB)

“That you may show yourselves to be blameless and guileless, innocent and uncontaminated, children of God without blemish (faultless, unreproveable) in the midst of a crooked and wicked generation [spiritually perverted and perverse], among whom you are seen as bright lights (stars or beacons shining out clearly) in the [dark] world, Holding out [to it] and offering [to all men] the Word of Life, so that in the day of Christ I may have something of which exultantly to rejoice and glory in that I did not run my race in vain or spend my labor to no purpose.”
(Philippians 2:15-16 AMPC)

“(For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ.”
(2 Corinthians 10:4-5 KJV)

I believe in the power of good over evil, and I exercise that power to overcome evil with good.

I am the light of the world! The light that Jesus became to the world is extended to the world around me because of my presence.

I am the righteousness of God in Christ Jesus. I walk blameless, guileless, innocent and uncontaminated, without blemish, unreproveable in spite of the darkness in the world.

Evil does not stand a chance in my world! The weapons of my warfare are not carnal, but they are mighty through God to the pulling down of strongholds, casting down imaginations and every high thing that exalts itself against the knowledge of God.
I refuse to succumb or yield to the decadence in the world. I have come in the power of the Spirit to cause the power of good to be seen under the light-rays of my life.

Write the thoughts and ideas inspired in your heart by the Holy Ghost through today’s meditation session.
Be Filled with the Spirit

“And be not drunk with wine, wherein is excess; but be filled with the Spirit:”

(Ephesians 5:18 KJV)
Be Filled with the Spirit

“And be not drunk with wine, wherein is excess; but be filled with the Spirit:”

(Ephesians 5:18 KJV)

A short clip from the New Year’s Message is available on the Pastor Chris Digital Library and on KingsChat. Take a few minutes to watch the video excerpt.

The man of God, Reverend (Dr.) Chris Oyakhilome, taught that, in order to overcome evil with good, we must:

1. Speak God’s Word
2. Be Filled with the Spirit

“You can change things with your words,” Pastor Chris says, reminding the congregation that the power to overthrow evil is in their words.

On the second point, Pastor Chris said “be loaded with the Holy Ghost!” Young people no longer have to gravitate towards evil as a source of power, knowing that the greatest source of power in all of the world — the Holy Ghost — can now reside in them by Christ Jesus.

“Wherefore I put thee in remembrance that thou stir up the gift of God, which is in thee by the putting on of my hands. For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.”

(2 Timothy 1:6-7 KJV)
“That is why I would remind you to stir up (rekindle the embers of, fan the flame of, and keep burning) the [gracious] gift of God, [the inner fire] that is in you by means of the laying on of my hands [with those of the elders at your ordination]. For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm and well-balanced mind and discipline and self-control.”

(2 Timothy 1:6-7 AMPC)

“Don’t drink too much wine, for many evils lie along that path; be filled instead with the Holy Spirit and controlled by him.”

(Ephesians 5:18 TLB)

“And do not get drunk with wine, for that is debauchery; but ever be filled and stimulated with the [Holy] Spirit.”

(Ephesians 5:18 AMPC)

“It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life.”

(John 6:63 KJV)

**AFFIRMATION**

I am full of power, because the Holy Ghost lives in me. I am indomitable, indestructible and invincible. I cannot be conquered, and I cannot be limited by circumstances.

I do not have a spirit of fear but of love, power, a calm and well-balance mind, discipline and self-control. I am up to any task and equal to any opposition or persecution. I cannot be drowned or burned!

I dominate my world with my words. Evil does not thrive around me, because I speak faith-filled words that yield life.
I’ve got the life of God in me. The Spirit of God is mingled with my spirit in inseparable oneness, making me a champion at everything that I do. I win always, because the greater One lives in me.

Write the thoughts and ideas inspired in your heart by the Holy Ghost through today’s meditation session.